

The National Resource Center on ADHD brings *ADHD weekly* with the latest news on ADHD.

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## An ADHD Battle We Can Win

"I have a 4-year-old son, and he was just diagnosed with ADHD," a mother told the National Resource Center on ADHD. "My son can't sit still, doesn't listen, interrupts, and can't focus in preschool or home. When I ask him a question - before I'm done with the question - he blurts out something completely irrelevant to what I asked, like he never heard me speaking to him. How do I help him?"



Behavioral treatment is the first line of intervention for this little boy and other preschool children like him, according to the American Academy of Pediatrics. The CDC agrees and has launched its ADHD Winnable Battle Initiative to better inform parents and ADHD healthcare providers about the "clinical best practices" for the treatment of children under 6 who are diagnosed with ADHD.

[Read more on the CDC Winnable Battle.](#)

## Active Kids: Is It ADHD?

Are you concerned your highly active or less attentive preschooler could have ADHD? Are you unsure about what normal preschool behavior is and what could be signs of ADHD?

Child specialist Dr. George DuPaul looks at ADHD in young children and offers some guidance for parents in this special *Ask the Expert* webcast. Watch now for free for tips on helping your preschooler.

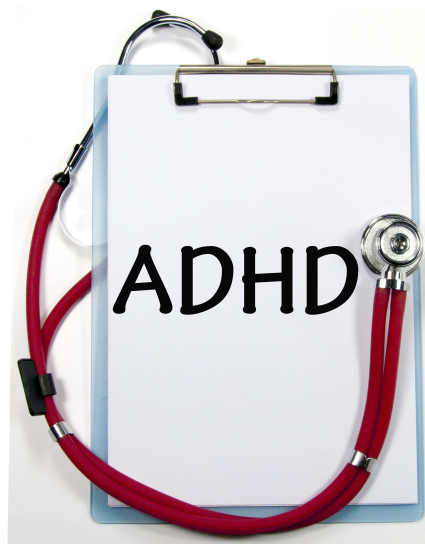
## Parent to Parent: Family Training on ADHD

Learn new skills for parenting your child with ADHD! Sign-up now for CHADD's *Parent to Parent*, a course provided by an experienced, certified Parent to Parent teacher. Each weekly two-hour session covers an area of information helpful for the successful management of ADHD.

This course begins on Wednesday, February 3, 2016 and ends on Wednesday, March 16, 2016.

[Register](#)

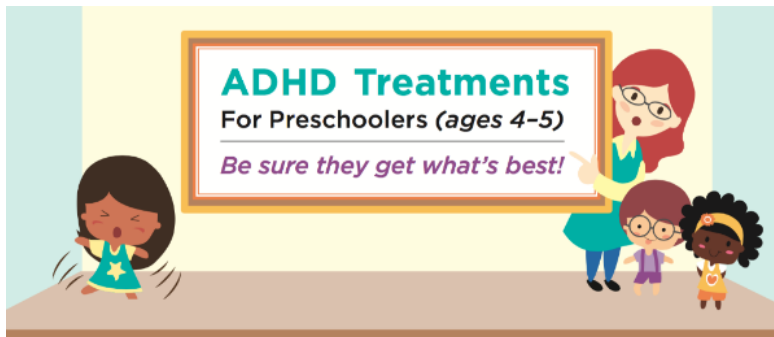
[Watch for more information.](#)



## Did You Know?

Adults over 55 are among the fastest growing segment of individuals diagnosed with ADHD as practitioners begin to recognize the symptoms of ADHD in senior adults.

[Listen for more of the story.](#)



Did you know that 1 in 2 preschool children with ADHD do not receive behavioral therapy? [Find out what you can do.](#)



### Ask the Expert: Stop the Chaos! Tips for Creating a Peaceful Household When Mom Has ADHD

Terry Matlen, M.S.W., A.C.S.W.

Wed, Feb 3, 2016 2:00 PM EST

Life is busy when you're a mom with ADHD! Terry Matlen has practical tips and suggestions to help create a calmer home for your family, while still meeting your needs and those of your family. Join us for a webcast that fits with your life.



[Register](#)

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# ADHD in the News

- Adult ADHD often disabling: study
- How to tell if your relationship problems are actually due to undiagnosed ADHD
- ADHD and your circadian rhythm
- Liquid stimulant eases ADHD symptoms in autism

Read these and other articles in the [ADHD in the News](#) weekly digest.

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