

[View this email in your browser](#)



 Share  Tweet  Forward

Symptoms from Lead Exposure Similar to ADHD

Are you concerned about lead exposure and your child? Many parents, particularly those who live in areas with older water pipes or in homes built prior to 1978, worry about lead and the effect of possible exposure on their children.



Lead is a strong toxin that can cause damage to young children's developing brains. For some children, this may cause a decrease in IQ points, behavioral issues, and learning difficulties. Some children may have trouble controlling their emotions and may demonstrate aggressive behaviors. Currently, lead levels above 5 micrograms per deciliter of blood can be considered a concern; a level of 10 micrograms or above is considered serious. No amount of lead in children's blood is thought to be safe.

[Read more.](#)

Behavioral Management Tips for Preschool Children

Has your preschool-aged child been diagnosed with ADHD? If so, a health care provider may recommend starting behavioral management, which includes

parent training, as soon as possible. A lot of brain development is happening during these years, making it a good time for your child to learn positive behaviors.

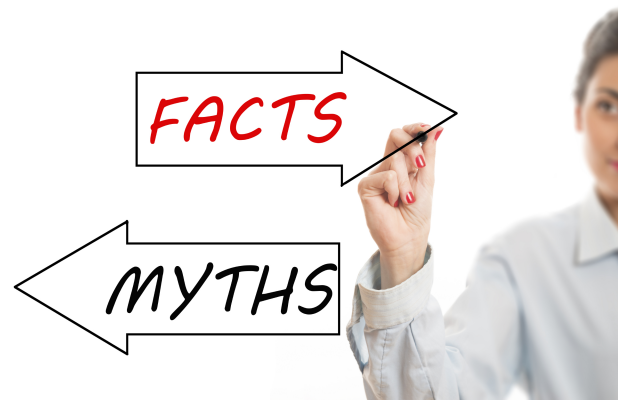
When it comes to treatment for preschool and kindergarten-aged children, the American Academy of Pediatrics calls for behavioral treatments first and medication only when needed.

[Get tips.](#)



Top 3 Myths about ADHD

When German physician Melchior Adam Weikard first wrote about attention disorders in children - what we now call ADHD - in 1775 he had to do it anonymously. People were so upset by his medical description that they attacked his character and trashed his book. Our understanding of ADHD has grown greatly since then, but there are still some myths about the disorder. [Here are the top 3.](#)



Parent to Parent: Family Training on ADHD



Learn new skills for parenting your child with ADHD! Sign-up now for CHADD's *Parent to Parent*, a course provided by an experienced, certified Parent to Parent teacher. Each weekly two-hour session covers an area of information helpful for the successful management of ADHD.

Ask the Expert - Your Active Preschooler: Could it be ADHD?



Do you watch your active preschooler's behaviors and wonder if she could have ADHD? George DuPaul, PhD, researches early ADHD treatment for young children.

Watch our featured *Ask the Expert*

This weekly seven-session class begins on Saturday, February 20, 2016 and ends on Saturday, April 2, 2016.

for his suggestions on how to help your child.

Watch

Register

The logo features a stylized orange flower icon to the left of the text "ADHD in the News". "ADHD" is in a bold, blue, sans-serif font, while "in the News" is in a blue, cursive script font.

- Psychotropic prescriptions for toddlers increase as ADHD cases, psychiatric conditions rise
- Adderall misuse rising among young adults
- Mini Quiz: Addiction on campus
- Age-specific effects of methylphenidate in ADHD

Read these and other articles in the [ADHD in the News weekly digest](#).

Did You Know?

The CDC has a free coloring book to help parents talk with their children about preventing lead exposure. [Download "Ethan's House Gets Healthier" now.](#)

[NRC Website](#)

[Facebook](#)

[Twitter](#)

[Youtube](#)

Copyright © 2016 NRC - A Program of CHADD, All rights reserved.

Want to change how you receive these emails?

You can update your preferences or unsubscribe from this list