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### Does Size Matter?

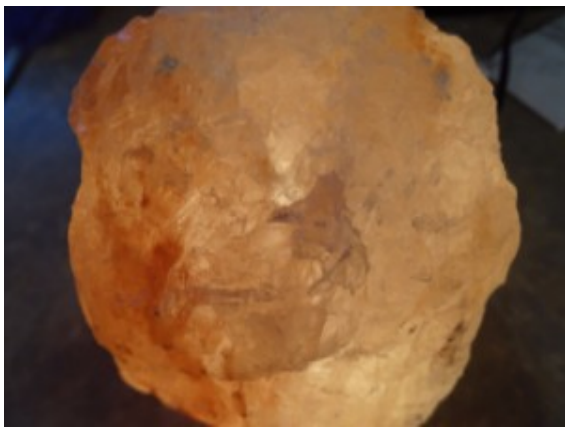
The largest study of brain scans to date recently found slight differences in size between those with and those without ADHD in five regions of the brain. What does it mean if you or a loved one is affected by ADHD? Maybe not as much as you think.



[Keep reading](#) for more details!

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**Salt Lamps for ADHD? It May Be More Pleasant Than Helpful**



Pink salt lamps are very popular. Some people think they could help improve focus and concentration. But can they actually help with these symptoms of ADHD?

[Keep reading](#) for what we found out.

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## Tips for Parents: Helping Your Child Develop Social Skills

*This article is the first in our new Tips for Parents series. We'll soon introduce additional Tips series, including Tips for Adults and Tips for Teens.*



Do you worry about your child's social life? Does he have no close friends, is he awkward or inappropriate around peers, is he teased or bullied, or is he having trouble adapting to the peer pressures of middle school? ADHD symptoms can make socialization difficult throughout childhood and the teen years. [Read more](#) for tips on what you can do to help.

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## IEP or 504? What's the Difference?



In order to have a successful IEP or 504 Plan your student affected by ADHD needs specific classroom accommodations and interventions. But what are the differences between accommodations and interventions and how can they help your student? Our video series [Tips for](#)

[Teachers](#) features the video *What is the difference between school and classroom accommodations and interventions?*

[Watch now.](#)

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## **ADHD** *in the News*

- [Do You Zone Out? Procrastinate? Might Be Adult ADHD](#)
- [More brain differences seen between girls, boys with ADHD](#)
- [10 Ways Schools and Parents Can Help Students with ADHD](#)
- [What We've Learned About ADHD](#)

Read these and other articles in the [ADHD in the News weekly digest](#).

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### *Did You Know?*

Did you know that ADHD Awareness Month is only six months away? Start planning for October now! It's time think about your [ADHD Awareness Month Walk](#) and awareness activities, and to begin making arrangements for locations and advertising.

This year's theme is **ADHD Through the Life Span**. The months leading up to ADHD Awareness Month will be filled with activities sponsored by CHADD, the Attention Deficit Disorder Association, and ADHD Coaches. You can follow the ADHD Awareness Month activities on Facebook at [@ADHDAwarenessMonth](#).

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