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 in this issue...

- [Can Computerized Tools Evaluate for ADHD?](#)
- [Finding Help for ADHD and Domestic Violence](#)
- [Get Tips for Helping Your Students Affected by ADHD](#)
- [Would Coaching Techniques Help Your Clients?](#)



what will you give to improve
the lives of loved ones
with ADHD



Can Computerized Tools Evaluate for ADHD?

A computerized evaluation tool for ADHD was recently released in the United Kingdom and has FDA approval in the United States. But is an online assessment tool a good option for families seeking an evaluation for a child or an adult?

“There are several devices that are commercially available,” says CHADD Professional Advisory Board Member Mary Solanto, PhD. These devices, she says, can give incorrect results. “But, there are no shortcuts in doing a proper evaluation.”



Having an online tool may seem like it would be helpful, but in the long run it may not provide the information necessary for a diagnosis and proper treatment. This could end up delaying needed support or prompting incorrect treatment. [Read on and let us know your thoughts!](#)

Finding Help for ADHD and Domestic Violence

Domestic violence and intimate partner abuse is never the victim's fault. And yet, many people affected by ADHD are accustomed to experiencing low self-esteem and can be taken advantage of by an abuser who uses their ADHD symptoms against them as a method of control.



How can you recognize domestic abuse if it is happening to you or to your friend, patient or client? What can you do to help someone who is being abused or to get help for yourself?

“Domestic violence is a complex and confusing situation for the survivor,” says Amber Guthrie of the Maryland Network Against Domestic Violence. “When it comes down to talking about domestic abuse, it is never the victim's fault.” [Continue reading and let's discuss.](#)

Get Tips for Helping Your Students Affected by ADHD

CHADD's National Resource Center on ADHD has released two new education fact sheets for teachers and educators working with students affected by ADHD. You can download *Providing Classroom Accommodations to Help Students with ADHD* and *Helping Students with ADHD Using the Instructional Process* now for tips on helping your students affected by ADHD. [Get the factsheets.](#)



Would Coaching Techniques Help Your Clients?

Have you considered adding coaching techniques to your mental health practice for teens and adults affected by ADHD?

Abigail Levrini, PhD, discusses the benefits of adding coaching to your practice in the webcast *Can Mental Health Professionals be ADHD Coaches?* Dr. Levrini has developed an approach to treating ADHD psychologists, therapists, and counselors that incorporates coaching as part of an overall approach to treatment.



“I want you to really consider how you can integrate coaching methods into your current practice,” she says. “Think about how you might be able to expand your repertoire with these techniques.”

Dr. Levrini outlines her approach to coaching teens, college students and adults with ADHD including:

- The basic rules of coaching clients with ADHD.
- Working with clients to create and achieve long term goals.
- Coaching is not CBT - but they share common elements.
- Specific strategies that have been shown to be helpful for clients with ADHD.

Watch

Did You
Know?

CHADD's Annual Conference is being held at Costa Mesa, CA this week today through Nov. 12th. #CHADD2016 starts now! [Join us](#) to make a difference.

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