

Call for Participants

Are you a parent of a child with ADHD, aged 5-18 years?

We are seeking **Parents of Children with ADHD** (either diagnosed or suspected) to join our research study, aimed at reducing parental stress and increasing wellbeing, with activities designed to promote a positive ripple effect. Your contribution can create a significant impact!

WHAT WILL I DO

Over a two-month period, complete three questionnaires, and depending on your random allocation, you may be required to do:

1. six 30-min workshops only
2. six 30-min workshops + six 30-min peer support sessions
3. select focus groups
4. or, no activities, just the surveys

LEARN MORE...

To learn more and register your interest, scan the QR code to visit the Research Info Page or email:

✉ 19243637@brookes.ac.uk

🌐 sites.google.com/view/positive-self-coaching

PARTICIPANT BENEFITS

In addition to the potential benefits from the activity engagement... All consented participants will get unconditional access to 'The ADHD Parenting Toolkit,' a compilation of online video resources and step-by-step guides for positively nurturing your child's developing mind.



Be the Change You Wish to See in Your Child!